

Medical Tourism

With the boom in medical tourism to India, Dr. Isaac Bone & Joint specialty Hospital at Marthandam is one of the pioneer in health care provider to abroad patients especially Maldives, Andaman and Nicobar Islands, Sri Lanka, Nepal, Bangladesh, Pakistan and Middle east countries for the past 5 years and also attracting many medical tourists of North East region in India, is added an advantage in our better quality care in joint replacement surgery. We have on our panel eminent joint replacement surgeon trained in the West countries. These doctors have pioneered several procedures over the spectrum of joint replacement and other surgeries in ortho and have experience of treating patients well.

You can get a free opinion from our doctors or ask for a quote. Just drop an e-mail to **drisaacorthohospital@gmail.com** or FAX to **00 4651 274553**. We also have a telemedicine & video conference facility through which you can speak to your doctor*.

Formalities

Overseas patients traveling to India will need a visa which is issued by the Indian embassy or High commission in your country. A tourist or medical visa are easy to obtain for which a letter from your doctor may be needed. Just ask and we shall be mail or FAX one to you at the earliest.

In your correspondence to the specialist, please fill up the health form which will give him an idea of your condition.

Arrival

At Dr. Isaac Bone & Joint specialty Hospital, international patients are given special consideration. A dedicated team is available to arrange airport reception, hotel and hospital transfers, local and regional sightseeing and currency exchange. After your arrival, you will be taken either to the hospital or a hotel according to your plan. For a small fee, a concierge service is available. This

person will coordinate all your travel requirements and doctors appointments. On arrival in the hospital, you will be admitted under the consultant you have chosen.

- Painless joint replacements
- High flexion Knee replacement
- Gender specific high flex TKR
- Oxford unicondylar knee replacement
- Proxima hip replacement
- Hip resurfacing
- Spine surgery

We ensure that no stone remains unturned to ensure a speedy recovery after your surgery.

Payment Options

We will accept all major credit cards, cheque and cash payment options.

In case your trip has been arranged through our health tourism affiliate in your country, you can make an advance payment to them with our consent.

You will receive an itemized bill for the services provided to you.

Holiday

During your stay in Tamil Nadu, India, we can arrange a short holiday at a destination of your choice. Local sightseeing and shopping trips are also organized at short notice.

Main Tourist Place in Tamil Nadu

Trivandrum - Museum, Sree Padmanabhaswamy Temple, Kovalam Beach, Back water

Kanyakumari, Tirparuppu falls, Padmanabhapuram Palace, Thottipalam, Vattakottai Fort, Tiruchendur, Courtallam, Thenmala, Madurai Meenakshi Amman Temple, Rameswaram.

Kodaikanal, Earkadu, Ooty, Topslip, Velankanni, Nagoor, Kanchipuram, Thiruvannamalai, Tiruchirappalli, Tanjore, Vedanthangal Bird Sanctuary, Mamallapuram, Chennai, Tirupati.

Departure

The hospital can make arrangements to drop you off at the airport after your treatment and holiday.

We at Dr. Isaac Bone & Joint specialty Hospital believe in providing utmost patient comfort and quality care.

Contact Details

E-mail: drisaacorthohospital@gmail.com

Telephone: 00 91 9443167252

Fax: 00 91 4651 274553

Cost Comparison (US\$)

Country / Procedure	Knee Replacement	Hip Replacement	Face Lift
USA	55000	57000	16000
INDIA	9150	7200	4780
MEXICO	14700	13900	11200
SINGAPORE	9800	12000	7400
UAE	40000	46000	12000
COSTAFRICA	10900	11400	5200
MALAYSIA	12000	7800	6600
THAILAND	114000	12900	5300

At Dr. Isaac Bone & Joint Specialty Hospital

Prices for orthopedic procedures (bone/spine related) (us\$)

Procedure	Hospitalisation	General	Twin Share	Private	Suite
Total Hip Replacement (Cemented)	7	2400	2700	3075	3550
Total Hip Replacement (surface)	7	3000	3300	3675	4150
Total Knee Replacement	7	2600	2900	3270	3750
Hi-flex-TKR	7	2900	3200	3570	4050
Birmingham Hip Resurfacing	7	3750	4325	4900	5480
Arthroscopy	2	670	865	1050	1250
Discectomy	5	770	1050	1250	1450
Cervical Spinal Decompression	7	1250	1540	1830	2115
Dynamic Hip Screw Fixation	5	865	1155	1440	1730

Cost Comparison with Other Leading India Hospitals (Us\$)

Procedure	Dr. Isacc Hospital	Chennai	Bangalore	Mumbai
Total Hip Replacement (Cemented)	3550	5050	6500	6250
Total Hip Replacement (Surface)	4150	6250	7500	7750
Total Knee Replacement	3750	5500	7000	7250
Hi-flex-TKR	4050	6350	7500	7500
Birmingham Hip Resurfacing	5480	7000	9000	9500
Arthroscopy	1250	1400	1750	2150
Dissectomy	1450	2000	2250	2850
Cervical Spinal Decompression	2250	3050	3500	4000
Dynamic Hip Screw Fixation	2100	2850	3200	3800

Cost of procedures includes:

- ✓ Internal transfer by car to and from the hospital from Trivandrum airport on arrival/departure
- ✓ Stay in a single room for fixed hospitalisation. One person can stay in the same room at no extra cost.
- ✓ Initial consultation for a straight forward case
- ✓ Cost of standard implant. If you want any special requirements or extra components are required during your surgery, the actual costs will be charged.
- ✓ Fees of surgeon, anesthesiologist and assistants.
- ✓ Duty doctors & nursing charges.
- ✓ Theatre charges
- ✓ Standard medication for regional anesthesia
- ✓ Physiotherapy
- ✓ Consumables & routine medications related to the surgery
- ✓ Procedure related investigation like x ray and blood test after admission

- ✓ Pre Op consultation with surgeon & other consultants
- ✓ Pre op investigations
- ✓ General anesthesia medications
- ✓ Blood transfusions post op
- ✓ A dietitian will advice and provide your dietary requirements daily from a range of Indian & international menus.
- ✓ A guest relation & international patient's officer will work closely with you to facilitate your stay.
- ✓ A comprehensive discharge summary given prior to discharge.
- ✓ Follow up consultation with your surgeon by e mail.
- ✓ Travel & tourism advice and coordination for extended stay.

Excludes:

- × Take home medications.
- × Pre Op consultation with other specialist for patient with co morbidities or illnesses.
- × Pre op investigations.
- × Blood transfusions post op.
- × Prolonged pain control management.
- × Stay in excess of prescribed hospitalisation.
- × Medications and treatment for pre- existing or non- procedure related conditions.
- × Guest meals, phone calls, in room soft drinks, extra food, room services.
- × Laundry services.
- × A video recording of your procedure can be provided on request at extra cost.

Note:

The above prices are for planning purposes only. Your eligibility to be accommodated in any package can be determined only after a pre op assessment by the surgeon and the anesthetist. The package price estimate is based on a

routine case without complications. Patients should prepare additional funds to cover contingencies, since individual medical conditions can make the procedure more complicated and costly.

Variations in cost are due to implant choice, type of accommodation, complexity of procedure.

If the patient desires up gradation of accommodation or extended stay, actual plus services will be billed extra.

The above prices apply to patients settling their bill in Indian rupees at the hospital directly. Prices in foreign currency depends on exchange rates.

Specification:

1. The Package Cost is for the number of days indicated above, extra days would be charged
2. Cross Consultations would be charged extra
3. Special Investigations will be charged extra
4. The above Package rates are for normal patient condition & the same may vary for Critical Patient Conditions.
5. Any Costly Drugs / consumables will be charged extra

Our facilities

Centre of Excellence in Joint Replacement Surgery

We are the pioneer in Joint Replacement Surgery in south Tamil Nadu. In 11 years Dr. Isaac Bone & Joint specialty Hospital has performed 500* successful Hip Replacements & Knee Replacement Surgeries and Shoulder Replacement Surgeries with excellent outcomes. Our is the first hospital in south Tamil Nadu to have state of the art well equipped separate theatre for Joint Replacement Surgery with advanced laminar flow operation theatre with German Hepa filter. It is a resource for treating joint disorders. Areas of special emphasis include, joint

replacement, knee replacements, trauma, and our surgeons have diverse expertise and are committed to provide effective solutions for people with a wide range of orthopedic problems from broken bones to spinal disorders. Arthroplasty is very common surgery performed successfully by our surgeons. In knee or hip replacement surgery, the artificial joint is made out of metal and plastic. In the case of joint replacement in the hand, the new joint is most commonly composed of silicone rubber or the patient's own tissues such as a portion of tendon.

Total Knee Replacement

1. Unicondylar Knee replacement (which requires only a small incision and assures rapid recovery)
2. Hi-flex knees (where the patient can comfortably move and squat normally, which is not possible in conventional knee replacements)
3. Failed or revision joint replacement
4. Infected joint replacement
5. Extra corporeal irradiation and total joint replacement

Total Hip Replacement

1. Cement less total hip replacement (less complicated in terms of fixation of prosthesis)
2. Hip Resurfacing / Surface replacement arthroplasty
3. Cement less bipolar / partial hip replacement in elderly with fracture neck femur
4. Shoulder replacement
5. Revision joint replacement- for people whose earlier replacements have failed

Spinal surgery

Dr. Isaac Bone & Joint specialty Hospital has provided the most advanced diagnostics and treatments for patients with spinal disorders and injuries. This unique centre brings together a multidisciplinary team of highly trained medical and surgical specialists who offer patients the most innovative diagnostics as well as rehabilitative and surgical strategies to offer the entire spectrum of care for the spine patient.

The spine centre at Dr. Isaac Bone & Joint specialty Hospital has been providing state of the art care in spinal ailments with operative microscope supported by ultra modern high frequency 2 image intensifiers. The guiding principle of spine care at this hospital is to make the spine surgery safer, effective, and less traumatic to the patient and family. By making the outcomes in spine surgery more predictable and safe, it aims to generate confidence among the public regarding the efficacy and safety of spinal surgery and has performed 750 spinal surgeries since 2001.

The hospitals cater to all spine related ailments across all age groups and we specialize in complex spine surgery, including reconstructive tumor surgery using the latest techniques and innovations. Some of the most common problems that we treat include Disc herniation of the back or neck, Spinal stenosis, Spondylolisthesis, Trauma of the spine, Degenerative disc conditions, including osteoarthritis Failed back syndrome, Infection of the spine, Osteoporosis.

- Disc surgery
- Micro surgery for disc
- Fixation Systems for fractures
- Surgery for correction of spinal deformities
- Surgery for tuberculosis
- Endoscopic spine surgery.

Safe, High Quality & Economical treatment for your joint replacement operation with your desired boundaries at Isaac Bone and Joint Specialty Hospitals

- High Quality World Class Medical Care
- ISO certified Standard for Tertiary care
- Economical and Affordable Pricing
- Use of World Class Implants and Consumables
- Zero Wait Times for Surgeries
- Fluent English, Malayalam, Tamil Speaking health care operator